

Hours of Operation

Fitness Room

Monday to Friday

6:00 am - 10:00 pm

Saturday

7:00 am - 10:00 pm

Sunday (July and August Closed)

12:00 pm - 8:00 pm

Gymnasium

Monday to Saturday

9:00 am - 10:00 pm

Sunday (July and August Closed)

12:00 pm - 8:00 pm

Social Area Upstairs

Monday to Friday

3:00 pm - 10:00 pm

Saturday

10:00 am - 10:00 pm

Sunday (July and August Closed)

12:00 pm - 8:00 pm

The club does extend hours and opens earlier as business requirements dictate to host events and activities. The club closes 15 minutes after the schedule time shown above when all patrons have left the lounge area.

Should you have any other questions just contact us by clicking the tab on the main page top menu.